



Cholesterol: One of the Most Misunderstood Chemicals in the Body

By Darell Lindsay

Createspace Independent Publishing Platform, United States, 2015. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****.Are you looking for ways to improve your health? Have you heard the old your cholesterol is too high line but you don t understand what it really means? If you ask a random person what causes heart conditions, they will confidently tell you cholesterol. This is because of the information that is available on the internet. Research on heart diseases has been done and reports indicate that more than half of the people who suffer from heart conditions don t have high levels of cholesterol. So the question is, is cholesterol harmful or is it one of those chemicals in the body that has been misunderstood. As you are about to find out, cholesterol is much needed in your body for the normal functioning of your cells.



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