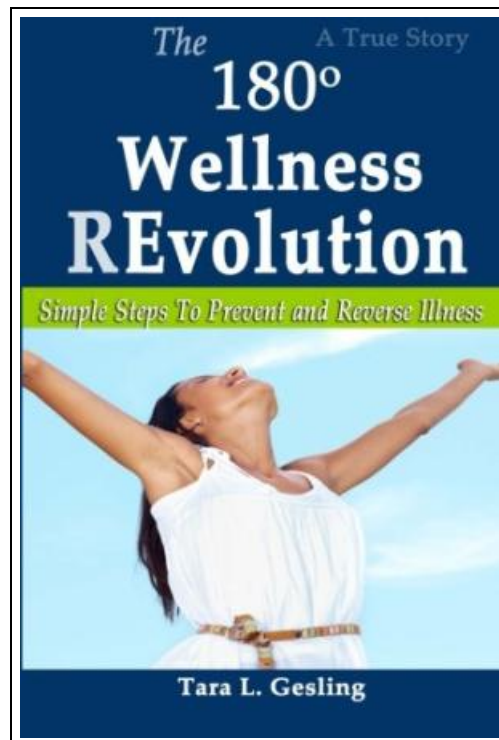


The 180 Degree Wellness Revolution: Simple Steps to Prevent and Reverse Illness



Filesize: 8.17 MB

Reviews

This book will not be straightforward to start on studying but really fun to read. it absolutely was writtern really flawlessly and helpful. You can expect to like just how the writer write this publication.
(Glenna Goldner)

THE 180 DEGREE WELLNESS REVOLUTION: SIMPLE STEPS TO PREVENT AND REVERSE ILLNESS



To read **The 180 Degree Wellness Revolution: Simple Steps to Prevent and Reverse Illness** eBook, make sure you click the web link beneath and save the ebook or get access to additional information which are have conjunction with THE 180 DEGREE WELLNESS REVOLUTION: SIMPLE STEPS TO PREVENT AND REVERSE ILLNESS ebook.

Real Nutrition and Health, United States, 2014. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****.HAVE YOU BEEN TAUGHT TO BELIEVE A DIAGNOSIS IS INEVITABLY THE END OF THE LINE? ARE YOU TIRED OF DIETING AND HEARING EXPERTS SAY IT S BECAUSE YOU RE LAZY AND DON T DIET ENOUGH THAT YOU CAN T LOSE WEIGHT AND KEEP IT OFF? Have you been told We don t know what is causing your illness, but we have a pill you can take for a lifetime ? Do you believe all food is the same and has little or no effect on health? Do you wonder why so many people are sick? The 180 Degree Wellness Revolution includes the story of Tara s return to health. Not only is it deeply inspirational, but it contains a goldmine of information gathered on her journey.[it] gets right to the heart of the issues. It provides the background, the research, and the motivation that can place anyone on a path to prevention and recovery. But best of all, the reader will know they can do it too! Sharyn Wynters, Internationally recognized naturopath and author of The Pure Cure. At the age of 28, Tara was disabled. Diagnosed with late stage Reflex Sympathetic Dystrophy, Chronic Pain Syndrome, Autoimmune Thyroid Disease, Fibromyalgia, Arthritis and Chronic Fatigue, Tara was wheelchair dependant for almost 5 years with little hope for recovery. The medical system offered medications to mask her symptoms. Unfortunately, the medications created more symptoms. Devastated, and resigned to her fate, Tara never imagined the gift she was being offered. From the depths of despair she was inspired to do her own research- to take charge of her own circumstances and to find her own way out. Thus...



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