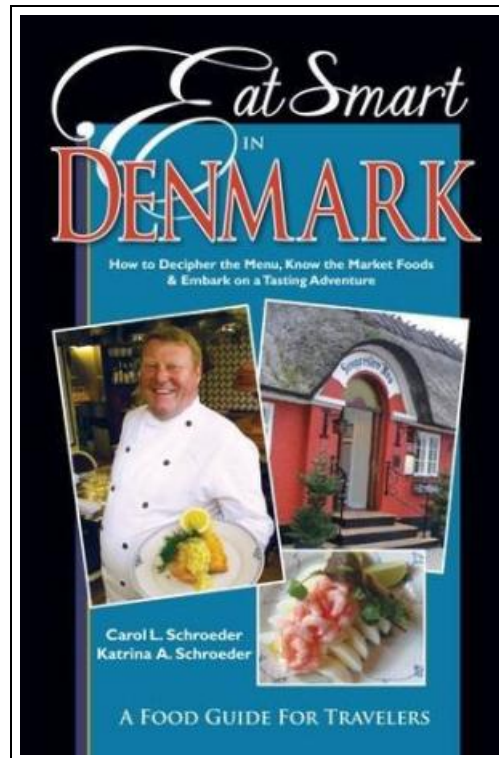


## Eat Smart in Denmark How to Decipher the Menu, Know the Market Foods Embark on a Tasting Adventure



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### **Reviews**

*Completely essential read through publication. It normally does not expense excessive. It is extremely difficult to leave it before concluding, once you begin to read the book.*

**(Morris Cruickshank)**

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Ginkgo Press. Paperback. Condition: New. 160 pages. Dimensions: 8.5in. x 5.4in. x 0.5in. Danish cuisine has been in the gastronomic spotlight since Noma was voted the best restaurant in the world four times, starting in 2010. Noma is part of the New Nordic Cuisine movement, making use of fresh local ingredients to create variations on traditional food and drink. The average visitor to Denmark is not likely to eat at Noma reservations are almost impossible to get and prices are high even by Danish standards but there are countless opportunities throughout the country to enjoy traditional and New Nordic Danish dishes ranging from the world-renowned wienerbrød pastry to rye bread topped with pickled herring. This indispensable guide will educate you about the time-honored foods that form the cornerstone of New Nordic Cuisine, as well as the correct way to eat smørrebrød, how to order a hot dog from a plæsevogn, and what Danish words you need to shop for fresh grøntsager in an outdoor market. For a small country, Denmark is surprisingly rich in culinary traditions, many of which date back to Viking times and earlier. Join us for an entertaining, informative trip through the country, from Sjælland to Jylland, sampling the full range of Danish national specialties. Eat Smart in Denmark connects menus and markets to geography, history, and regional pride. The easy-to-use guide includes these practical and fun features: Tastes of Denmark provides dozens of delicious recipes from chefs and other food experts to allow travelers and food lovers to re-create Danish specialties at home DanishEnglish Menu Guide demystifies food selection, equipping restaurant diners to order with confidence DanishEnglish Food and Flavors Guide provides a comprehensive list of foods, spices, kitchen terms, and more to assist in shopping and cooking in Denmark Culinary History of Denmark delves into the origins of...



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