



Fundamentals of Kids Soccer Training: Crucial Soccer Skills in One Sitting (Paperback)

By Gerard Janeway

Createspace Independent Publishing Platform, United States, 2015. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****.It is the goal of this book to teach the reader the fundamentals of soccer training especially for children or kids. There are a few differences between the adult and children's soccer and this book is targeted towards the latter. This book can also be an indispensable resource for the novice soccer coaches making the transition from regular to kids soccer training. One of the differences for example is your restricted to less physical movements. One must also bear in mind that children must do this for fun first and foremost otherwise they might go to hate this sport and avoid training. Intensity of training also cannot be as intense as children in general suffer from attention difficulties and do get bored easily. Needless to say, you need just to be more gentle in general. This book is specifically for the goal of helping kids improve their game performance and help them enjoy the training. Likewise, for the newbie coaches who must learn the fundamentals of kids soccer training. Here Is A Preview Of What You...

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