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PAIN IN THE THUMB! IS IT RSI, REPETITIVE STRAIN INJURY? IS YOUR PC, LAPTOP, MOBILE PHONE OR GAME CONSOLE GIVING YOU PAIN? IT COULD BE RSI!



IMB Publishing, United Kingdom, 2012. Paperback. Book Condition: New. 230 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****.The author, a 19 year old female student, suffered from pain in her thumb and simply couldn t believe when the doctor told her she could have RSI, Repetitive Strain Injury, from texting. She had a Texting Thumb. Little did she know that you could get RSI at the age of 19. After speaking to her friends...

Read PDF Pain in the Thumb! Is it RSI, Repetitive Strain Injury? Is Your PC, Laptop, Mobile Phone or Game Console Giving You Pain? It Could be RSI!

- Authored by Lucy Rudford
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