



Acupuntura Sin Aguja: Practico Metodo a Base de Puntos de Presion (Paperback)

By Keith Kenyon, Paul Winchell

Editorial Pax Mexico, 2008. Paperback. Condition: New. Language: English . Brand New Book. Indispensable and practical, this handbook provides an in-depth look into the method and the benefits of acupressure. Four specialists with more than 20 years of experience in the field of acupuncture narrow down the more than 1,000 pressure points used in traditional Chinese acupuncture to 70 and describe how the practice can alleviate ailments from arthritis and headaches to impotence and obesity, all without medications or medical supervision. Indispensable y practico, este manual provee un estudio a fondo del metodo y los beneficios de la acupresion. Cuatro especialistas con mas de 20 años de practicas medicas en este campo reducen los mas de mil puntos que utiliza la acupuntura tradicional china a 70 y describen como esta practica puede aliviar achaques desde la artritis y los dolores de cabeza hasta la impotencia y la obesidad sin medicina ni supervision medica.



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