



The Art of Control: Developing Your Intelligent Emotions and Managing Your Life (Hardback)

By Ph D Gerald T Hannah

Dorrance Publishing Co., 2017. Hardback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****. We are all in control of our lives--more or less. Dr. Gerald Hannah says we should definitely opt for more. More control of our thoughts. More control of our feelings. More control of our behavior. That s the only way to overcome everyday difficulties and truly lead a fuller life. It s all here for you in The Art of Control. These are real-life stories of people starting out, starting up, or settling in. Is one of these your story? A must-read for the 21st century executive who wants to get his head and heart in alignment for successful leadership outcomes, this book gets an A in my book. -Dr. Alphonso O. Ogbuehi CEO, Atlantic Executive Resources (Former Dean and Professor Emeritus, Clayton State University) Julie s story [Chapter 2] reflects the thoughts of many young teachers today. It reminds us that we cannot change outside influences, but we can adjust our perceptions and reactions to them. --Linda Icaza, Lifelong teacher Mary s words [Chapter 9] will be a comfort and inspiration to anyone undergoing a similar experience - or those who...



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