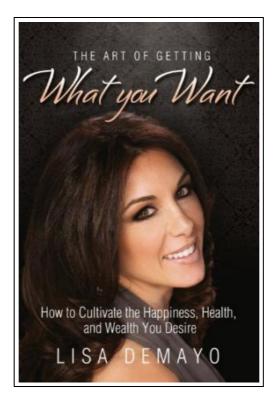
# The Art of Getting What You Want: How to Cultivate the Happiness, Health, and Wealth You Desire



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### Reviews

This composed publication is fantastic. This is certainly for all those who statte that there was not a well worth reading through. You will not truly feel monotony at whenever you want of your respective time (that's what catalogs are for regarding when you ask me). (Prof. Mark Ratke Jr.)

## THE ART OF GETTING WHAT YOU WANT: HOW TO CULTIVATE THE HAPPINESS, HEALTH, AND WEALTH YOU DESIRE



Dunham Books. Paperback. Condition: New. 128 pages. Life is a journey, not a destination. Do you believe that I do. And do you know why Because the final destination, like it or not, is death. Not one of us is exempt from getting out of the game of life alive. Everything eventually will be gone-our fears, dreams, hopes, humiliations, excitement-all of it. All each of us leaves behind is a legacy and some memories to be shared amongst friends and family for a few generations. As humans, we have this unfortunate tendency to get cloaked in doubt. Things like daily habits and societal expectations overtake our biggest hopes and ideas. We get stuck in automatic and forget that our life is full of choices and those choices are what shape us. There are, in fact, very few things that anyone has to do. We dont all have to go off the same template. Our life doesnt have to look this way. Were allowed to deviate. We were created to deviate. So why arent we allowing ourselves to pursue the life we feel called to Why are we lying to ourselves about our options Our capacity for a greater journey and more fulfilled life is the result of change. Change your words, change your thoughts, change your actions, and get different results. In order to have the life you want, you have to shift what you believe about yourself. Our lives are mostly based on our interpretations of our past and a projected future. If the future isnt looking so good right now, chances are you have low energy, fear, and are disconnected. But if the future looks good, you have abundant energy, a sunny disposition, and a good attitude. It is not truth or fact that is holding you back...



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