



Optimize for Victory: A Simple Approach to Overcome Challenges and Achieve Your Dreams

By Lisa Kardos Ph D

Createspace Independent Publishing Platform, United States, 2015. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****. Drawing on her own experience, Kardos presents methods that work to help us overcome negative thinking, negative comments, and negative people in our quest for success in whatever endeavors we undertake. Whether you re a student, a business person, a teacher, or, for that matter, a household manager, you can benefit from the clearly spelled out practical principles that Lisa Kardos outlines in this book. -- Doug Erlandson TOP 50 REVIEWER Discover a Different Kind of Success Book: Learn How to Engineer Yourself for Victory Optimize for Victory is based on building a solid, reliable framework for personal success using a unique approach - that of engineering yourself to achieve victory. Engineering yourself means you will optimize yourself: you will maximize your success and overcome life s challenges. You will achieve your dreams. Transform Yourself: Advance Your Career and Your Life Interestingly, Optimize for Victory addresses issues head-on - particularly issues that detract from our success: discouraging voices, self-doubt, difficult relationships, the troubling aspects of goal-setting (including surprising research), and the challenges of staying...



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