



## Tennis: Tennis Strategies: The Top 100 Best Things That You Can Do to Greatly Improve Your Tennis Game (Hardback)

By Ace Mccloud

Pro Mastery Publishing, 2017. Hardback. Condition: New. Language: English . Brand New Book \*\*\*\*\*
Print on Demand \*\*\*\*\*\*. Are you tired of losing on the court? Does your blood boil each time you mis-hit the ball? Whether you want to (1) improve your playing technique, (2) get solid conditioning and training advice, or (3) just win more and have more fun, then this is the book for you. Is your tennis game less than a smashing success? Whether you re just beginning to play or you re doing competitions, you Il find practical help in this book for every aspect of your tennis game.
Forehands, backhands, the serve, and the overhead smash: all are described in full detail so that you can easily start practicing the correct techniques. Discover what s holding you back and correct it. Tennis is so much more fun when you are playing the correct way. Get a grip on your success and see how easily you can play better and enjoy the game more! The foundation of successful tennis playing begins with getting a grasp on your racquet, quite literally. In this book you will find descriptions for each basic type of tennis grip, including...



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