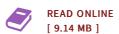




Becoming Me While Losing You: A Spiritual Journey (Paperback)

By Diana Bartkowiak

Createspace Independent Publishing Platform, United States, 2017. Paperback. Condition: New. Language: English . Brand New Book ****** Print on Demand ******. -The beautiful journey of today can only begin when we learn to let go of yesterday.- - Dr. Steve Maraboli Letting go is the most difficult challenge in our lives. We must learn to release control over our desires for life to stay the same as we painfully shed the cocoon of safety. Becoming Me While Losing You is the journey of Diana Bartkowiak beginning with wedding planning abruptly ceased with the sudden death of her Mother through the loss of one of the greatest men in her life, her step-daddy, Dan. Entwined with grieving, Diana fought to find peace through depression, anxiety, illness, and the subsequent struggle in her marriage. What she discovered is a truth no man can take away. Diana Bartkowiak is a health coach, minister, and writer. She received her training at the Institute of Integrative Nutrition, Body-Mind Institute, Hallelujah Acres and Andrew Wommack Ministries. Diana works with people who are in search of ministry counsel, health coaching and are ready for a major spiritual health overhaul. She s been described as -In one word,...



Reviews

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