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BATHROOM STALL YOGA (PAPERBACK)



Createspace Independent Publishing Platform, United States, 2016. Paperback. Condition: New. Language: English. Brand New Book ***** Print on Demand *****. Yoga is often portrayed as an activity involving a perfectly smooth boulder alongside a dawn-kissed lake, as a balancing act on crisp spring grass or relaxing poses amidst whale music and incense. What if I told you that you could do yoga during your bathroom break at work? At a rest stop at night on a long drive? As a...

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- Authored by Rosie Kosinski
- Released at 2016



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