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CRACKING THE AGING CODE: THE NEW SCIENCE OF GROWING OLD-AND WHAT IT MEANS FOR STAYING YOUNG



MACMILLAN AUDIO, United States, 2016. CD-Audio. Book Condition: New. Unabridged. 150 x 130 mm. Language: English . Brand New. A revolutionary examination of why we age, what it means for our health, and how we just might be able to fight it. In Cracking the Aging Code, theoretical biologist Josh Mitteldorf and award-winning writer and ecological philosopher Dorion Sagan reveal that evolution and aging are even more complex and breathtaking than we originally thought. Using meticulous multidisciplinary science, as well...

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- Authored by Josh Mitteldorf, Dorion Sagan
- Released at 2016



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