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By Pamela Horton

Createspace, United States, 2015. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****.Low Carb Diet Cookbook Vol. 3 30 Dinner Recipes. How To Lose Weight Fast Without Starving In this book I have compiled some great and easy to prepare low-carb dinner recipes, that will help to take the guess work out of what to cook for dinner! It is very hard when your days are filled with busy tasks to have a lot of time to spend on deciding what you are going to make for your family for dinner each and every night. Have some comfort in knowing that not only are the recipes that I am sharing with you in this book low-carb, they are also very easy to prepare and best of all is that they taste great! You will have your family members requesting these low-carb dinners, not because they are a healthy meal choice but simply because they like how they taste! Why you should download this book: If you are truly serious about eating a healthier diet of low-carb meals then this book will offer you many low-carb dinner recipes that will help...



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