



## Overcoming the Fear Factor (Paperback)

By Tami Lewis

Createspace, United States, 2010. Paperback. Condition: New. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.Monty Roberts, author of The Man Who Listens to Horses, taught the world to understand the horse through body language. Observing mustangs in the wild, Monty Roberts discovered a silent language of nonverbal communication between horse and human. While some of us are naturally intuitive and have a passion for working with wild horses, Monty Roberts lived his passion, creating Equus. Understanding equine behavior is the key to a successful relationship with your horse. Gaining insight into how horses learn and perceive the world will give you the most valuable tool, knowledge. Approaching training and handling with the proper tools creates confidence, which makes your horse more confident. This is just one layer in overcoming the Fear Factor. This book is essentially a guide for understanding the nature of horses in regard to their innate fear. Natural horsemanship training makes use of natural equine behavior, which is the foundation in managing various fearful situations. How do we really know what constitutes natural behavior the horse? Most methods of studying horse behavior come from observing feral or wild horses. Understanding how horses live and...



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