



Sixty: A Diary of My Sixty-First Year

By Ian Brown

Audible Studios on Brilliance, 2017. CD-Audio. Condition: New. Unabridged. Language: English . Brand New. This is the thing, you see: I am on my way to being an old man. But at 60, I am still the youngest of old men. As Ian Brown's 60th birthday loomed, every moment seemed to present a choice: confront or deny the biological fact that the end was now closer than the beginning. True, he was beginning to notice memory lapses, creaking knees, and a certain social invisibility - and yet it troubled him that many people think of 60 as old, because he rarely felt older than he had at 40. An award-winning writer, Brown instead chose to notice every moment, try to understand it, capture it all without panicking. Sixty is the result: Brown's uncensored account of his 61st year and, informed by his reportorial gifts, his investigation of the many changes - physical, mental, and emotional - that come to all of us as we age. Brown is a master of the seriocomic, and his day-to-day dramas - as a husband, father, brother, son, friend, and neighbor - are rendered, inseparably, with wistfulness and laugh-out-loud wit. He is also a...



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