


[DOWNLOAD](#)


## Foraged Flavor: Finding Fabulous Ingredients in Your Backyard or Farmer's Market (Hardback)

By Tama Matsuoka Wong, Eddy Leroux

Clarkson Potter Publishers, United States, 2012. Hardback. Condition: New. Language: English . Brand New Book. Forage for wild food and discover delicious edible plants growing everywhere including your backyard and how best to prepare them to highlight their unique flavors, with this seasonally organized field guide and cookbook. While others have identified in the past which wild plants are edible, Tama Matsuoka Wong, the forager for Daniel, the flagship restaurant of renowned chef Daniel Boulud, and Eddy Leroux, its chef de cuisine, go two steps further, setting the bar much higher. First, they have carefully selected only the wild plants that are worth seeking out for their fabulous flavors. Second, after much taste-testing, they have figured out the best way to prepare each ingredient a key in getting to know these exciting new foods. In Foraged Flavor, they reveal their seventy-one favorite plants, which are easy to identify and can be harvested sustainably across the country (including at farmers markets for those without access to nearby fields and forests). Tama helps readers uncover bright lemony oxalis growing in patches of their lawn or creeping jenny, with its unmistakable leaves and delicate green-pea flavor. Eddy then gives simple recipes to showcase...



[READ ONLINE](#)  
[ 7.89 MB ]

### Reviews

*Thorough manual! Its this kind of excellent study. It really is written in straightforward terms and never difficult to understand. I am very happy to inform you that this is basically the very best pdf we have read through during my individual existence and could be the greatest ebook for possibly.*

-- **Dr. Arno Sauer Sr.**

*This composed pdf is fantastic. It normally will not expense too much. You will like how the writer write this publication.*

-- **Dr. Jerald Hansen**