



Plant Spirit Journey: Discover the Healing Energies of the Natural World (Paperback)

By Laura Silvana

Llewellyn Publications,U.S., United States, 2009. Paperback. Condition: New. Language: English . Brand New Book. Laura Silvana is a medical and spiritual intuitive whose mediumship abilities extend into the world of nature spirits. Born with an ability to see and hear spirits, her fascinating true story includes the wisdom imparted from a powerful shaman who taught her how to work with the energies of the plant kingdom. Silvana tunes in to individual flowers and herbs and lets the plants speak for themselves. Dandelions possess a whimsical vibration to help counteract despair. Lilacs offer contentment and stability during times of transition. Red Clover is a powerful healer that inspires courage, will, and determination. This guide reveals the spiritual and emotional healing properties of thirty versatile plants and gives simple instructions for making plant spirit remedies at home. Both the plants and the ailments they treat are cross-referenced so readers can easily find the information they seek.

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