



Stéphanie Le Quellec - La Scène

By Bizon, Paul Henry- Linero, Benoit- Le Quellec, Stéphanie

GLENAT, 2014. Paperback. Condition: NEUF. La cuisine de Stéphanie Le Quellec étonne et séduit par son insatiable recherche de sincérité. C'est une cuisine de vérité, très technique, voire pointilleuse, et pourtant animée par le goût du partage, de la saveur, du plaisir de manger, de la notion de régal. Une cuisine structurée par la dualité du feu et de la grâce. Femme (grâce), Stéphanie Le Quellec a fait ses preuves (feu) dans un monde d'hommes; sa cuisine est aussi maîtrisée (feu) qu'elle est liée à l'émotion (grâce); tout juste trentenaire, elle relève le challenge d'une table de palace (feu) tout en désacralisant la posture du chef (grâce); elle avance avec humilité (grâce) sur La Scène parisienne (feu) et assume la pression (feu) sans perdre la fraîcheur de l'enfance (grâce). La cuisine de Stéphanie Le Quellec est en osmose avec l'authenticité et la distinction du Prince de Galles, une maison de grand luxe à l'atmosphère intimiste et chaleureuse, un palace de poche. Une adresse riche, élégante, mais jamais intimidante, à l'image de la cuisine que Stéphanie Le Quellec exécute à La Scène, restaurant ouvert aux regards des convives, comme elle-même l'a voulu. Dans ce livre comme au Prince de Galles, les recettes de Stéphanie Le...

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