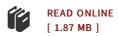




A Blessed Life: Benedictine Guidelines for Those Who Long for Good Days

By Wil Derkse, Martin Kessler

Liturgical Press. Paperback. Book Condition: new. BRAND NEW, A Blessed Life: Benedictine Guidelines for Those Who Long for Good Days, Wil Derkse, Martin Kessler, Numerous laypersons have experienced that the guidelines of Saint Benedict's Rule offer inspiring and realistic ways toward a blessed life, aiming at the growth and flourishing of persons and communities in which they live and work. As in his previous and successful book, The Rule of Benedict for Beginners, Will Derkse in this sequel is searching for those basic attitudes and virtues that characterize Benedictine spirituality, making them available for those living and working outside a monastery. The cultivation of silence and restrained speech; the dedication to work and study; the importance of humility (which is the courage to serve); the cultivation of hospitality, care, and stewardship; mutual respect and taking care of speaking good words these are the book's main topics. All these attitudes are boundary conditions for a life on which God's blessing is resting. Will Derkse is married and a father of two adult daughters. He is an oblate with the Benedictine St. Willibrord's Abbey in Doetinchem, The Netherlands. He has degrees in chemistry and philosophy and has taught at several institutions of...



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