



## Tour of the Lake District (Paperback)

By Jim Reid

Cicerone Press, United Kingdom, 2007. Paperback. Condition: New. Language: English . Brand New Book. A guidebook to walking a scenic, seven-day circular route (93 miles) around England's Lake District. The tour gives a flavour of each of the main Lakeland valleys and their different character. The route starts at the railway terminus at Windermere village. Quickly leaving the crowds behind, it passes through Ambleside, Langdale valley, Conistone, Dunnerdale, Eskdale, Wasdale, Ennerdale, Buttermere, Newlands Valley, Keswick, Borrowdale, Grasmere then Ullswater, before returning back to Windermere via the Troutbeck valley. With a flavour of each of the main Lakeland valleys, and time to stop and wonder at their charms, the walk described in this book leads quickly away from the busy tourist centres to the quiet pleasures of the fell country. The shepherds and drovers chose their paths well, logical links from one valley to the next, and many of these ancient ways have been chosen for this walk. All footpaths and bridleways used are on established rights of way and illustrated with OS maps. High level alternatives are given, including options for ascents of Conistone Old Man, Scafell Pike and Helvellyn and also nine short walks from the overnight stops....



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