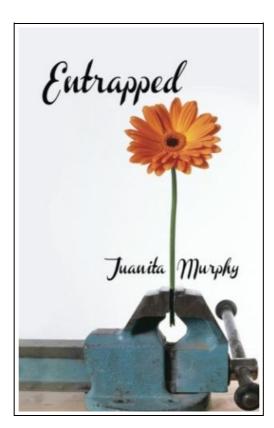
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Createspace Independent Publishing Platform, United States, 2016. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****. In addition to the trauma of a disabling illness or health condition, the caregiving relationship itself can be a challenge for both the patient and the caregiver. As negative emotions begin to surface-everything from guilt to worthlessness to hopelessness-you can become destructively depressed or angry and feel unable to make wise decisions. Helping you see that you are not alone, Entrapped offers you candid support through firsthand accounts of survivors and caregivers as they discover a healthy way through their hardships. As the storytellers expose their darkest moments, you will realize that you, too, can find the strength to choose life in the midst of your suffering and learn how to build a new reality. Though everyone s story is unique, there are common threads that can help you develop your own strategies for overcoming the obstacles that keep you from accomplishing everyday tasks-big and small. Facing health challenges is never easy, but these inspiring accounts will help you approach your own story with fresh eyes and a renewed heart.

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