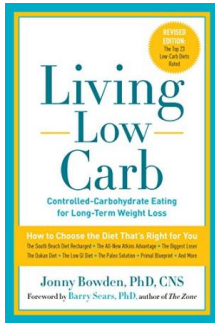


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## LIVING LOW CARB: CONTROLLED-CARBOHYDRATE EATING FOR LONG-TERM WEIGHT LOSS



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