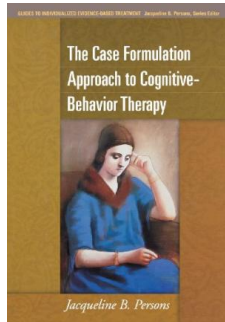


Get Book

THE CASE FORMULATION APPROACH TO COGNITIVE-BEHAVIOR THERAPY



Guilford Publications. Hardcover. Book Condition: New. Hardcover. 273 pages. This eagerly awaited book shows how skillful case formulation addresses a critical challenge in psychotherapy today: how to use empirically supported therapies (ESTs) in real-world clinical contexts. The author explains the basic theories of cognition, learning, and emotion that underlie available ESTs and shows how the theories also guide systematic case formulation. By crafting a sound formulation and continually refining and monitoring it as treatment progresses, the therapist can smoothly shift...

Download PDF The Case Formulation Approach to Cognitive-Behavior Therapy

- Authored by Jacqueline B. Persons PhD
- Released at -



Filesize: 3.72 MB

Reviews

The book is fantastic and great. It normally will not cost an excessive amount of. I am just easily could possibly get a satisfaction of reading a published ebook.

-- **Edgar Witting**

This book is indeed gripping and interesting. It really is rally exciting throug studying period. Its been written in an extremely easy way and is particularly merely soon after i finished reading this book through which in fact changed me, affect the way i think.

-- **Aisha Lemke**

Most of these ebook is the perfect publication accessible. It is writter in easy terms and not difficult to understand. It is extremely difficult to leave it before concluding, once you begin to read the book.

-- **Anastasia Kihn**
