



Real Food of China (Hardback)

By Leanne Kitchen, Antony Suvalko

HARDIE GRANT BOOKS, Australia, 2015. Hardback. Condition: New. Language: English . Brand New Book. The Real Food of China is the definitive guide to home-style Chinese cuisine. It is inspired by the authors personal travels to China and the realisation that what is commonly perceived as Chinese food in the Western world, is only part of the story. While there is a growing appreciation of regional Chinese food in larger cities outside China, a lot of authentic regional cuisine still goes uncelebrated in Chinese restaurants around the world. The main purpose of this book is to capture the essence of simple home cooking and the wide variety of food that changes from region to region. Chapters are broken down into food categories including cold dishes, soups and hotpots, dumplings, breads and noodles, pork, chicken, fish, vegetables and desserts. Dishes include fermented foods from Shaoxing, smoked pork from Hunan, Hakka food from Meizhou, Muslim street fare from Xi an, fresh river fish from Jiangxi province, fish dumplings and flat breads cooked over stones from Shandong and bowls of fresh, steaming, soft tofu slathered in chilli and peppercorns from Sichuan villages. Captured with stunning location photography from each of the visited regions...



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Reviews

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