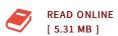




I Know How She Does It: How Successful Women Make the Most of Their Time (Paperback)

By Laura Vanderkam

PORTFOLIO, 2017. Paperback. Condition: New. Reprint. Language: English . Brand New Book. Everyone has an opinion, anecdote, or horror story about women and work. Now the acclaimed author of What the Most Successful People Do Before Breakfast shows how real working women with families are actually making the most of their time. Having it all has become the subject of countless books, articles, debates, and social media commentary, with passions running high in all directions. Many now believe this to be gospel truth: Any woman who wants to advance in a challenging career has to make huge sacrifices. She s unlikely to have a happy marriage, quality time with her kids (assuming she can have kids at all), a social life, hobbies, or even a decent night s sleep. But what if balancing work and family is actually not as hard as it s made out to be? What if all those tragic anecdotes ignore the women who quietly but consistently do just fine with the juggle? Instead of relying on scattered stories, time management expert Laura Vanderkam set out to add hard data to the debate. She collected hour-by-hour time logs from 1,001 days in the lives of women...



Reviews

An exceptional pdf as well as the typeface utilized was interesting to see. I am quite late in start reading this one, but better then never. I am very happy to explain how this is actually the best pdf i actually have go through within my individual daily life and might be he greatest publication for possibly.

-- Freddie Zulauf

Good e book and helpful one. It is really basic but excitement from the 50 % of your pdf. Your way of life span is going to be enhance when you comprehensive looking at this pdf.

-- Novella Maggio