



Teeing Off With The Masters: A Sport Psychology Novel (Paperback)

By Carroll Reaume Mulry

AUTHORHOUSE, United States, 2005. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****.Teeing Off With The Master ~ sport psychology novel and sequel to In The Zone: Making Winning Moments Your Way of Life ~ shatters remaining barriers of the mental side of the game of golf, the elusive, final frontier. From inside the walls of a mental institution, shattered PGA golfer, Charlie Botts, and Doc, his inventive therapist and caddy, play fictional Greensward Grail, stroke by stroke, hole by hole. With cameo appearances by Bobby Jones, Ben Hogan, Jack Nicklaus, Arnie Palmer, Sam Snead, Lee Trevino, Nancy Lopez and other Masters, together you will peel away layers of mystery surrounding the neurophysiology of focus, essentials of rhythmic flow, brain mechanisms underlying our emotions, strategic course management and all the significant mental performance variables key to finding and staying In The Zone. In a rare blend of penetrating insight and creative drama, Clinical Sport Psychologist, Dr. Reaume Carroll Mulry, shares his vast knowledge of powerful psychological mechanisms driving optimal mental performance, the rapidly emerging concentration of the new golfer-athlete.



Reviews

This type of book is every thing and made me seeking forward and more. It is amongst the most awesome publication we have go through. Its been developed in an exceptionally straightforward way and it is only soon after i finished reading this ebook by which actually altered me, alter the way i believe.

-- Mrs. Serena Wunsch

Absolutely one of the best book I have ever study. It is actually writter in simple terms rather than confusing. I realized this pdf from my dad and i suggested this pdf to understand. -- Garry Quigley