



## Cultivating Kindness in School: Activities That Promote Integrity, Respect, and Compassion in Elementary and Middle School Students

By Ric Stuecker

Research Press Inc., U.S. Paperback. Book Condition: new. BRAND NEW, Cultivating Kindness in School: Activities That Promote Integrity, Respect, and Compassion in Elementary and Middle School Students, Ric Stuecker, Grades 1-8. This new training program, which includes 72 classroom and schoolwide activities, is built around Three Basic Rules: being kind to ourselves, being kind to one another, and being kind to this space; and The Kindness Pledge: seeking to be positive, putting down put-downs, honoring our differences, discovering our similarities, healing our hurts, listening to one another, honoring heroes, reaching higher for success, and living our dreams. During the program, students are rewarded and recognized for their acts of kindness. Cultivating Kindness promotes a positive school environment, lowers tension among groups, decreases the number of disciplinary reports, and teaches students the social skills they need to be successful adults.



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