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Creative Supervision: The Use of Expressive Arts Methods in Supervision and Self-Supervision (Paperback)

By Mooli Lahad

JESSICA KINGSLEY PUBLISHERS, United Kingdom, 2000. Paperback. Condition: New. Language: English . Brand New Book. Supervision is growing in importance in all professions as a means of focusing on the personal and vocational skills of the supervisee, as well as a means of supporting them in their work. In this book Mooli Lahad argues that the most effective method of supervision uses both right and left hemispheres of the brain, the intuitive and logical. He encourages the use of metaphors, images and stories to enrich theoretical knowledge and improve our understanding of the processes of therapy and support. In Creative Supervision Lahad introduces techniques, drawn from the expressive arts therapies, which can be employed during a supervision to release information from the creative hemisphere of the brain. These techniques include storytelling, role-playing, guided fantasy, imaginary dialogues, letter-writing, drawing, and the use of colours and shapes. Case examples show how the techniques were used, and how they provided insight into problematic relationships with clients. Drawing from his experiences of working in the aftermath of tragedy in Israel, Northern Ireland and the former Yugoslavia, Lahad examines how to supervise a crisis intervention team: he also focuses on self-supervision. Combining humanistic, creative and...



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Reviews

This book is definitely not effortless to start on reading through but extremely fun to learn. Better then never, though i am quite late in start reading this one. It is extremely difficult to leave it before concluding, once you begin to read the book.

-- Aliya Franecki

It in one of the best book. Better then never, though i am quite late in start reading this one. You wont feel monotony at at any moment of the time (that's what catalogues are for regarding in the event you check with me).

-- Dr. Kristin Dickens