



## PLAY BETTER TENNIS IN TWO HOURS: Simplify the Game and Play Like the Pros (Paperback)

By Oscar Wegner, Steven Ferry

McGraw-Hill Education - Europe, United States, 2004. Paperback. Condition: New. Language: English . Brand New Book. Can tennis really be this simple? Just ask the dozens of world-class players who have made it to the top using Oscar Wegner s groundbreaking approach. But if playing tennis isn t so easy for you, if you never seem to play up to your potential, don t blame yourself-blame the coach who taught you a lot of uselessly complex techniques. Play Better Tennis in 2 Hours is your guide to tennis as the pros play it-more intuitive, more fluid, and more fun. World-renowned tennis coach and ESPN commentator Oscar Wegner shows you how to focus your efforts on one thing-hitting the ball correctly. Your own natural athleticism will take care of everything else. Follow the simple drills in this power-packed handbook, and you ll learn how to: Move to the ball efficiently and fluidly Stop worrying about foot position and stance Hit every stroke harder and more accurately Put a wicked topspin on your forehand Master both one- and two-handed backhands Combine control and power on your volleys Put more speed and spin into your serve and more punch in your return Known...



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*A top quality ebook and the typeface used was interesting to read through. It is rally intriguing throug reading through period. You wont feel monotony at anytime of the time (that's what catalogues are for relating to when you ask me).*

-- Estelle Donnelly

*Merely no phrases to describe. Better then never, though i am quite late in start reading this one. Its been written in an extremely easy way which is merely following i finished reading this publication through which in fact transformed me, change the way in my opinion.*

-- Pedro Renner