



Travel Guide to Other Dimensions (Paperback)

By Jeanette Woldman

Woldman, United States, 2010. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****.This book provides a concise overview of travel methods to dimensions beyond the earth plane by means of altered states. Besides providing travel guidelines, neurotheological insights explain what happens in our brain during these expanded states of consciousness and during visits to these other realities. In addition, the book outlines non-earthly intelligent beings which may be encountered along the way. Detailed information is presented from multi-disciplined research performed by leaders in each field and from data published by seasoned extra-dimensional travelers. The travel means and methods outlined are: - Psychedelics - Meditation and prayer - Regression hypnosis - Binaural beat stimulation - Repetitive and rhythmic stimulation - Electric and electromagnetic stimulation - Disease - Deprivation of essential elements - Magnetic field disturbances - UFO Abductions.

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