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The Anatomy of a Calling: A Doctor's Journey from the Head to the Heart and a Prescription for Finding Your Life's Purpose

By Lissa Rankin

Audible Studios on Brilliance, 2016. CD-Audio. Condition: New. Unabridged. Language: English . Brand New. In *The Anatomy of a Calling*, Lissa Rankin, MD, makes a simple yet revolutionary claim: We are all, every single one of us, heroes. We are all on what Joseph Campbell calls a hero's journey ; we are all on a mission to step into our true nature and fulfill the assignment our souls were sent to Earth to fulfill. Navigating the hero's journey, Dr. Rankin argues, is one of the cornerstones of living a meaningful, authentic, healthy life. In clear, engaging prose, Dr. Rankin describes her entire spiritual journey for the first time - beginning with what she calls her perfect storm of events - and recounts the many transformative experiences that led to a profound awakening of her soul. Through her father's death, her daughter's birth, career victories and failures, and an ongoing struggle to identify as both a doctor and a healer, Dr. Rankin discovers a powerful self-awareness. As she shares her story, she encourages you to find out where you are on your own journey and offers wisdom and inspiration in the form of Hero's Guideposts along...



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