



## Superfoods Red Smoothies: Over 40 Energizing, Detoxifying Nutrient-Dense Smoothies Blender Recipes: Detox Cleanse Diet, Smoothies for Weight Loss Diabetes, Detox Green Cleanse for Weight Loss Energy

By Don Orwell

Createspace, United States, 2015. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.How Can You Go Wrong With 100 Superfoods Smoothies? Superfoods Red Smoothies contains more than 40 Smoothie recipes created with 100 Superfoods ingredients. No soy milk, no cows milk, no artificial flavors, only 100 natural Superfoods that deliver astonishing amounts of antioxidants, essential fatty acids (like omega-3), minerals, vitamins, and more. Superfoods are foods and the medicine and they offer tremendous dietary and healing potential. Superfoods slow aging, boost immunity, energize and detoxify. Would You Like To Know More? Download and start getting healthier today. Scroll to the top of the page and select the buy button.

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