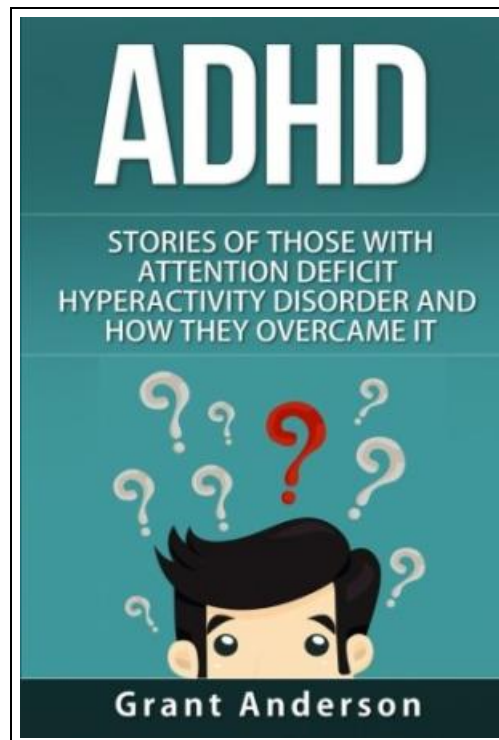


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Createspace Independent Publishing Platform, United States, 2015. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****. This book features real stories from real people with ADHD. Sometimes, all it takes to start moving forward is to read stories from other people who are also struggling with the same symptoms as you (or your loved ones). The book also includes tips that can help you or your children focus and concentrate more. What s inside the book: How ADHD gets diagnosed My sister s life with ADHD How to help a friend or loved one with ADHD How to help yourself if you have ADHD A guide to ADHD treatments Psychotherapy Social skills training Support groups Special education classes A guide to ADHD medications ADHD setbacks and maintaining your progress.

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