



## Steering Your Marriage: A Guide to Navigating the Road Together (Paperback)

By Suzanne Burger Psyd

iUniverse, United States, 2012. Paperback. Condition: New. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*. Even the strongest of marriages may face tough challenges during the course of a lifetime. Couples who maneuver through the child-rearing years successfully may be surprised to discover that, down the road, a financial setback or a major illness can rock the foundations of their union. In *Steering Your Marriage*, author Dr. Suzanne Burger offers couples a toolkit to navigate life's challenges while remaining in a committed and vibrant relationship. Through anecdotes and case histories, Dr. Burger provides a guide for those seeking insight and wisdom in their journey together. She explores potential issues—such as finances, the death of a child, career changes, aging parents, chronic illness—that couples often encounter and uses examples and checklists to illustrate how to find new understanding in one another. *Steering Your Marriage* presents the latest research on what helps couples shift course as they adapt to a variety of challenges, and it offers detailed examples of couples who have successfully navigated through hardships and around unforeseen detours in their lives. This guide provides couples with the skills necessary to move through time together.



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