



Practice is a Dirty Word: How to Clean Up Your Act! (4th Revised edition)

By Ruth Bonetti

Words and Music. Paperback. Book Condition: new. BRAND NEW, Practice is a Dirty Word: How to Clean Up Your Act! (4th Revised edition), Ruth Bonetti, "Go and do your practice!" are words most music students dread as teachers and parents struggle to entice, cajole, bribe, threaten, bully and push students to practise. This book will rescue teachers, parents and students from the pain of practice. And it will help developing musicians to "work smart", enjoy their playing and realise their potential. This book shows how to: Set goals; Plan your practice time; Program your brain for success; Fix mistakes and weaknesses; Demystify scales and arpeggios; Achieve confident performance.

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