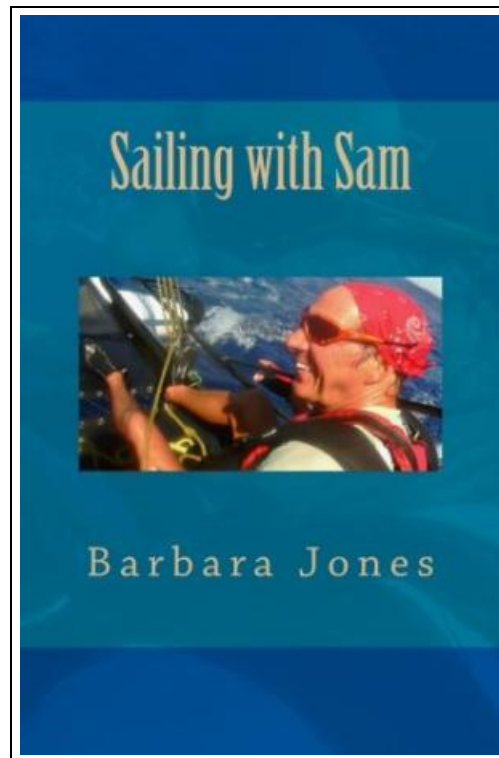


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Cyprus Library, 2015. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****.Discover the thrill of learning to sail. Celebrate the joy and freedom of Barbara s sailing adventures with sail master Sam. You will tune into the natural world by sharing the intricate skills of reading the weather and the ever changing patterns of the sea. Appreciate the challenges of learning to sail as they explore together the stunning coastal waters of south western Cyprus on Toppers, a Hobie Wave and a Hobie 15 catamaran. This is a journey of breaking through personal barriers as they evolve from teacher and student towards becoming an experienced sailing team. Have you ever dreamed of learning to sail? Follow Barbara s enthralling adventures as the alchemy of the wind and sea create magnificent, exhilarating and sometimes dangerous conditions along the Mediterranean shores of Cyprus. Inspired by her initial sail on Sam s catamaran, Barbara is determined to learn to sail. As Sam s flotilla grows Barbara is presented with exciting opportunities to expand her experience. With Sam s sailing guidance Barbara learns to navigate her life in a new way as she increasingly explores her inner self. This evocative journal will excite those ready to begin the journey and stir the memories of seasoned sailors. This is a journey which will deeply affect all those with the courage to undertake it. Our lives take on a deeper meaning as we begin to connect with the flow of nature. You too can begin to live a life beyond your expectations.



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