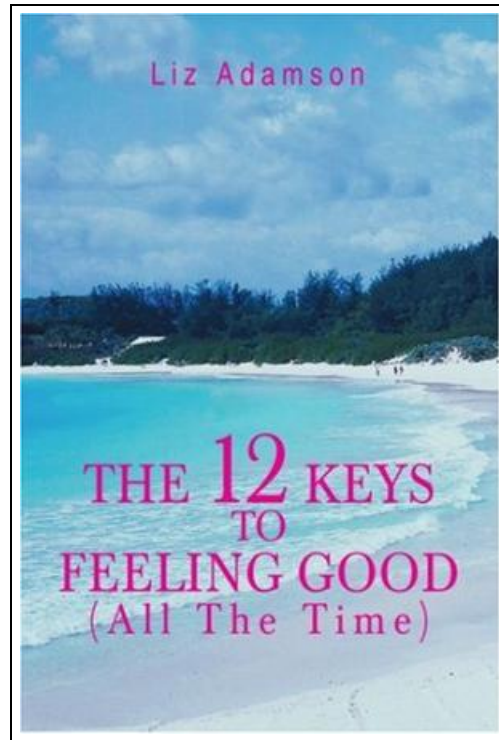


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*(Mrs. Maudie Weimann)*

## THE 12 KEYS TO FEELING GOOD (ALL THE TIME) (PAPERBACK)



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iUniverse, United States, 2005. Paperback. Condition: New. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*. What I will guarantee is that with each change and shift that takes place, you will find that your feel good quotient will go up. How far can it go? The sky is the limit. I don't think that we have even begun to experience the heights that we could reach. Virtually everyone has an objective to feel good and achieve happiness. Unfortunately, the way many people attempt to create this joy is usually short-lived-and may even be destructive. The life-changing guide The Twelve Keys to Feeling Good works as an easy and practical handbook to putting the steps in place to genuinely achieve the peace, harmony, happiness, and fulfillment we all crave. Author Liz Adamson's delightful, straightforward, and easy-to-understand style has produced yet another enjoyable and powerful read. Some of the steps involve letting go of destructive elements, while other steps focus on what you need to reach your optimal life. You'll be able to remove the obstacles keeping you from truly living your life at the highest level!.



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