



Shine Through Wisdom

By Sadhvi Siddhali Shree

Siddha Sangh Publications, United States, 2015. Paperback. Book Condition: New. 203 x 127 mm. Language: English . Brand New Book ***** Print on Demand *****.It s your time to SHINE! Shine Through Wisdom is a compelling, inspiring and interactive guide filled with spiritual teachings and personal anecdotes shared by Sadhvi Siddhali Shree. The gems, treasures, and advice revealed are based on over a decade of direct guidance and experience from her spiritual teacher: enlightened master Acharya Shree Yogeesh. In Shine Through Wisdom, Sadhvi Siddhali Shree simplifies complex spiritual concepts and practices to help you develop a strong spiritual foundation and light up the deepest part of you. Each chapter focuses on a significant spiritual principle or technique and how to practically and easily integrate it in to your life. With every turn of the page you will be challenged to think, reflect, question and go deep within yourself to discover the naked Truth. In this book, you will learn teachings and best practices for: Self-Love Self-Acceptance Forgiveness Nonviolence Meditation Mantras Yoga Proper Breathing Chakra Activation Creating a Spiritual Space And much, much more. Don t waste your time. Don t waste your life. Be spiritual, be free-now. About the Author SADVHI SIDDHALI SHREE is...



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