



Sikh Ethics

By Surindar Singh Kohli

Munshiram Manoharlal Publishers Pvt. Ltd., New Delhi, India, 1996. Hardbound. Book Condition: New. Dust Jacket Condition: New. Second Edition. In this short treatise on Sikh Ethics, the Adi Granth has been taken as the basic and main sourcebook of the Sikh moral-code. The path of life enunciated by the Sikh Gurus is the path of self-realisation or perfectionism; it is neither self-gratification or hedonism nor self-denial or rationalism. Emphasis in Sikh Ethics is laid on the practice of godly qualities. Their observance makes a human being godlike. The field of the body is to be cultivated for truthful life and spiritual advancement. All the senses are to be harnessed properly and the virtues of body, speech and mind are to be inculcated. The discipline enunciated by the Sikh Gurus is a universal discipline and requires the disciple to perform his worldly duties alongwith his spiritual progress; he has not to become a one-sided personality. He has to remain alert on all the three planes, i.e., physical, mental and spiritual. The Sikh Ethics, in practice, brings before us an ideal person, thoroughly balanced in physical, mental and spiritual cultures. Whereas he works as a healthy constituent of society, he also rises...



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