



## La Depresión: Enfermedad O Freno de Emergencia? - Traslundo y Salidas

By Gnter Jursch, Günter Jursch

DEAUNO.COM, United States, 2007. Paperback. Book Condition: New. 211 x 140 mm. Language: Spanish . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.El autor esta descontento con el estado actual del tratamiento de depresiones, el cual implica un costo de mas de 40 mil millones de dolares por ano en los Estados Unidos, y muchos millones de euros en otros paises. Para ayudar en la busqueda de caminos mas favorables, el autor no presenta una obra cientifica sino experiencias y conclusiones en base a su practica terapeutica de mas de treinta anos.El texto evita la jerga profesional y senala tres puntos clave: 1) la preformacion subconsciente de una tendencia hacia depresiones en la ninez;2) el rol de un desencadenante en adolescentes y adultos; y3) la funcion de la depresion como freno de emergencia, como proteccion contra una muerte prematura, contra accidentes graves o contra otras amenazas de bases vitales. Esta funcion se compone de una mision protectora benefica genetica que esta combinada con la preformacion senalada en el punto 1.Viendo las cosas desde esta perspectiva, resulta logico que en el caso de una curacion muy rapida la funcion del freno de emergencia faltaria. Esta falta puede llevar a accidentes, suicidios...

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