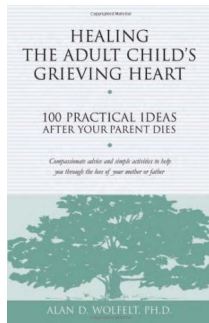


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HEALING THE ADULT CHILD'S GRIEVING HEART: 100 PRACTICAL IDEAS AFTER YOUR PARENT DIES



Companion Press,US. Paperback. Book Condition: new. BRAND NEW, Healing the Adult Child's Grieving Heart: 100 Practical Ideas After Your Parent Dies, Alan D. Wolfelt, Offering heartfelt and simple advice, this book provides realistic suggestions and relief for an adult child whose parent has died. Practical advice is presented in a one-topic-per-page format that does not overwhelm with psychological language, but provides small, immediate ways to understand and reconcile grief. Some of the action-oriented tips include writing down memories, completing a...

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