



Training Mission Four (Paperback)

By W Hock Hochheim

Lauric Enterprises, Inc., United States, 2012. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****.Training Mission Four by W. Hock Hochheim contains Level Four training information in hand, stick, knife and gun close quarter combat. The book compliments the Training Mission Four DVD, or stands alone as a teaching aid in self-defense tactics and strategies. This book contains an unbelievable collection of practical, modern, strategies and tactics forged from police, military, security, martial arts and citizenry experience and research. Here you will find vital tactics, strategies drills, scenarios and psychology on topics like Unarmed Combatives Modules of The Hammer Fist, The Round Kick Strike and The Bent and Straight Arm Takedowns, The Pistol Disarm Module, The Knife Hacking Module and Spartan Combat Module, The Stick, Hardcore Block and Strike Drill Combat Module and much more. The material is presented in Hock s innovative, well organized, easy to understand and learn format. Whether you are a novice or already have significant self-defense, military experience, you ll learn new material and new applications from this book.



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