



How to Cook Without a Kitchen: Easy, Healthy and Low-Cost Meals You Can Make Almost Anywhere (Paperback)

By Hugh Morrison

Createspace Independent Publishing Platform, 2015. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****.Inspired by Katherine Whitehorn s classic *Cooking in a Bedsitter* , this book goes one step further and is for those without any kitchen at all. Whether you re a student, a traveller or just want a hot lunch at work, this book tells you how you can cook without a stove, a fridge or a microwave - even without running water. Using simple household equipment you can learn how to make hot, healthy, and value-for-money meals easily and safely from fresh ingredients, for those times when you don t have access to a kitchen. From spaghetti bolognaise to poached eggs to home-made yoghurt, this book will open up a world of cooking which up until now was closed off to anyone without a kitchen. .there are plenty of situations where this smart and thrifty advice could be a real lifesaver. (*The Independent*).



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