



## Real Food for Vegetarians (Paperback)

By Carol Palmer

W Foulsham Co Ltd, United Kingdom, 2001. Paperback. Condition: New. Language: English . Brand New Book. The focus is on as easy to produce and as quick to cook as possible. One of the features of the Real Food series is the attention to detail and the advice about your store cupboard. If you want to step up the quality of your eating at home, then it really starts with your supermarket trolley. This book will blend a host of fresh and store cupboard ingredients into great eating - that s guaranteed.



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