



The Celestial Secrets of Real Tcm (Paperback)

By Kevin Hu

Ehgbooks, United States, 2014. Paperback. Condition: New. Language: Chinese . Brand New Book ***** Print on Demand *****. Huangdi Neijing, or Yellow Emperor s Inner Canon, has been considered the fundamental doctrinal source of Chinese medicine for more than two millennia. However, mysteries exist around Huangdi Neijing, especially with the claimed missing volume. Starting with basics of Chinese medicine, such as Yin-Yang and the Meridian system, this book aims to discuss the essence of real traditional Chinese medicine (TCM), and decodes the celestial secrets of Huangdi Neijing and TCM. Real TCM, along with Daoism theory, is the lost knowledge of ancient Chinese philosophy and ideology of the universe macrocosm and the human microcosm. In addition to comprehensive theory, this book provides practical guidance with more than 40 specific methods for treating various diseases and leading a healthy lifestyle. The book is also made unique by the inclusion of questions and answers between SINA netizens and the author, which reads like live diagnosis with precious practical value. The book ends with an index of the healthy living practical guide, real TCM QA, and enlightening discussion of Zen and Daoism. Although the tip of the iceberg, this book uniquely provides highly inspiring...

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