



Beginner s Microbiome: A Story about a Man Who Changes What He Eats (Paperback)

By Beginner Joe

Josh Thorpe, 2017. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****.Joe Beginner experiments with diet, observes changes in his gut, and makes tiny discoveries in the beauty of everyday life. Written in the form of an autobiographical novella, Beginner s Microbiome is about more than just diet. This book is about our sometimes strange, often funny, relationship to food. Fans of Karl Ove Knausgaard s poetry of the mundane, Marie Kondo s spirituality of the domestic, or John D. MacDonald s simple affection for dogs, cats, and daily life, should check out Joe Beginner. Marta Smit s black-and-white illustrations are bold and beautiful representations of moments in the everyday.

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Reviews

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