



## Resilience: Bouncing Back Through English (Paperback)

By R Michael Medley

WestBow Press, United States, 2017. Paperback. Condition: New. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.Resilience is a textbook for adult learners of English who face challenges in life but are ready to bounce back through learning English. Pitched for learners at the high intermediate/advanced level, this text provides high-interest content with activities designed to reach all types of learners, providing multiple pathways for accessing the language and content. Even low-literate native speakers of English will benefit from this text. No other English course gives sustained attention to building resilience and coping in healthy ways with stress as Resilience does. It is based on the tried and tested materials developed for Eastern Mennonite University's STAR program (Strategies in Trauma Awareness and Resilience), which have been used in trainings around the world. Resilience develops reading and vocabulary skills while also providing practice in grammar study, speaking, listening, and informal writing. Sustained focus on practical content motivates students by increasing their sense of self-efficacy as they become experts in the subject matter. The book provides resources for powerful language and literacy learning as it guides teachers and students to create community. Every chapter features two readings, representing an...



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