

## From HERO to HEALER: Awakening the inner activist

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#### Reviews

Absolutely essential study book. It is loaded with wisdom and knowledge I found out this ebook from my i and dad suggested this ebook to understand.

(Dr. Lera Spencer)

#### FROM HERO TO HEALER: AWAKENING THE INNER ACTIVIST



CreateSpace Independent Publishing Platform. Paperback. Condition: New. This item is printed on demand. 112 pages. Dimensions: 8.0in. x 5.0in. x 0.3in.This is the author Robin Youngson writing directly to you. . . If you are a social or environmental activist, reading this little book might be the best investment you ever make. If I had known and understood these lessons earlier, it might have spared me a decade of wasted effort. I want to let you know you can also download an e-book version of my book for FREE on my website at www. herotohealer. org. Im not crazy, I just want my work to live within the gift economy. If you value my book, you can choose to pay a donation price - or just enjoy it for free. Im a practising doctor in New Zealand and an internationally renowned leader in compassionate healthcare. I really care about building a better world. Heres the question that really bugs me: Despite our persistent efforts, and high-profile campaigns involving millions of people, why are we not making more progress on social and environmental issues Instead, we are witnessing more poverty, more inequality, more chronic disease, more social breakdown, worsening pollution, and ever-increasing carbon emissions Could it be that the strategies we employ as activists are actually sustaining the problems were trying to address As honestly as I can, I share with you the five BIGGEST mistakes I made in a decade of campaigning, and how my counter-intuitive new strategies led to international success. My book builds on a TEDx talk I gave in 2016 (youtu. bejTYSzLtbYTU). Its entitled Perfectly broken and ready to heal. People really liked my talk but Im not going to share their comments here. One of my new rules is non-persuasion. I just offer this book as...

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