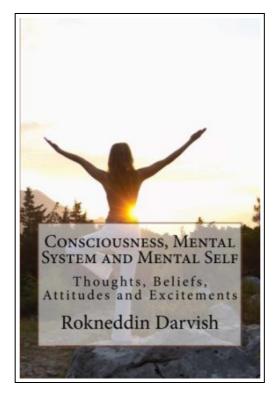
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Reviews

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(Talia Cormier)

HUMAN CONSCIOUSNESS, MENTAL SYSTEM AND MENTAL SELF: THOUGHTS, BELIEFS, ATTITUDES AND EXCITEMENTS (PAPERBACK)



Createspace Independent Publishing Platform, United States, 2016. Paperback. Condition: New. Language: English. Brand New Book ****** Print on Demand ******. In this book, I tried to show the influence of consciousness on the positive side of our existence and mental system as the realm of hell, and mental self as the main source of evil. I have been inspired by the 13th Century, Persian poet and mystic, Jalalladdin Mohammad Molavi (Rumi) to write this book. I have tried to provide Rumi s ideas and presented a Psychological and sociological perspective. Rumi s poems which has been recited in Persian Language presents a message of conversion from immature mental selves to the real, objective selves or consciousness. This book also presents Rumi s recommendations about the methods of conversion through patience, silence, relaxation, and acceptance of all events and incidents, putting the main emphasis on living and enjoying the life of this moment without reaction, resistance and judgement of any kind. The nature of acceptance is total acceptance without resisting or fighting against the events or incidents of this moment and surrendering to the universal consciousness. Rumi s ideas and poems have stimulated and created a new synthesis of ideas and knowledge in my mind. What Rumi and this book tries to present to all human beings is the art of living and loving, thus, we should try to experience the unconditional love, instead of selfish and conditional love. Unconditional love comes from the universal consciousness trapped in one person s body and mental system which falls in love with itself in another person s body and mental system. Physical and sexual attraction is only a small part of a greater spiritual attraction of consciousness falling in love with itself in two separate bodies which is based on eternal love....

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